



Who/What is COM?

Fifty years ago (1967), a group of Midland parents with a vision of swimming excellence for their children established what we now know as COM Aquatics, Inc. In June of 1972, the Mabee Memorial Aquatic Center officially opened, consisting of a 25 yard competition pool, and later, a learn-to-swim pool, locker rooms, and administrative offices.

COM expanded in 1993 with the addition of the Abell-Hanger Pool and the O'Shaughnessy Diving Center. COM could now accommodate competitive divers and swimmers, with two second-story spectator seating areas. The diving center includes 10-, 7-, 5-, and 3-meter platforms and four 3- and 1-meter springboards. Additionally, the establishment of the Aquatic Therapy and Water Aerobics programs broadened COM's reach.

In 2000, the addition of a dedicated therapy pool (Pevehouse Pool), aerobics pool (de-Compiegne-Wallace Pool), diver training room, aerobics studio, weight/cardio room and expanded swim shop was completed. COM is now able to offer comprehensive fitness programs to those in the community with no desire to compete at any level, but who need a means of meeting fitness and therapeutic needs.

In 2007, COM expanded in a completely new direction, and established a comprehensive Physical Therapy practice. In addition to traditional therapy for post-surgical patients, joint replacement, and chronic pain management, COM also offers aquatic therapy. Currently, the COM Physical Therapy Center is one of the largest in the area, employing 4 Physical Therapists, 2 Physical Therapist Assistants, and over 80 years of combined therapy experience.

COM's newest expansion is the FMH Foundation Natatorium, opened in April 2016. The Natatorium features an Olympic size long-course pool, measuring 50 meters by 25 yards, and a second 25 yard pool. The natatorium hosts spectator seating, meeting and office space in addition to the two world class pools.

COM is now one of the most comprehensive aquatic centers in the country, consisting of a 50 meter Olympic size swimming pool; a world class diving facility with one- and three- meter springboards, and three-, five-, seven-, and ten-meter platforms; two aerobics pools, a 25 yard lap swimming pool, a leisure pool with lap lanes and varying depths, two complete dryland gyms, a comprehensive learn to swim department, fully equipped fitness center, and the largest physical therapy clinic in the area.

OVER THE YEARS, COM has produced dozens of swimmers and divers qualified to compete at the Junior National and Senior National levels, NCAA Division I athletes and several who have competed in Olympic Trials. COM has hosted numerous local, state and national events, resulting in significant

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economic impact on the Midland community. COM has over 700 athletes enrolled in children's programs, and over 1500 adult members participating in various fitness programs. In 2016, COM's physical therapy department will provide over 10,000 physical therapy visits. COM is open to all members of the community, offering comprehensive fitness programs for almost everyone.

For children, COM offers learn to swim lessons, swim and dive prep classes, competitive dive and swim teams, a recreational swim league, summer camps and holiday camps. For adults, COM offers a fully equipped gym, land classes including dance fitness class and yoga, deep- and shallow- water aerobics, water walking in our warm water pool, water Tai Chi classes, masters swimming groups, and massage therapy.

COM tasks itself with providing life changing environments, where success is certain.

COM is a 501(c)(3) non-profit corporation, which does not receive operating income from the City or other government entities, the United Way or charitable foundations (generally).